



[Need an AAMFT Approved Supervisor?](#)

Below is a list of supervisors and supervisor candidates sorted by last name. Please pay attention to the city or area they serve. You may wish to use the CTRL F function to search by area (Triangle, Charlotte, virtual, etc) to condense the information

9/15/2026



Areinia Adams, LMFT

AAMFT Approved Supervisor

919-247-2832

areinia@purposeandpeacetherapeuticcare.com

www.PurposeandPeaceTherapeuticCare.com

Accepting supervisees in the Triangle Area and online across NC

I offer individual and group supervision for interns, LMFTAs and mentorship for AAMFT approved supervisor candidates. I work from a systemic approach postmodern and integrative methods through coaching and teaching and mentoring. These roles include a mix of instruction/feedback, guidance, support, collaboration, and self of the therapist work.



Hunter Adams, LMFT

AAMFT Supervisor Candidate

980-231-1177

hunter@blossomlkn.com

In person in Charlotte and Lake Norman area, and virtual supervisees across NC



Elizabeth Banks, PhD, LMFT

AAMFT Approved Supervisor

drelizabethbanks@gmail.com

Taking online supervisees



Tommy Bischoff, PhD, LMFT

AAMFT Approved Supervisor

tommy@lotuscounselinggroup.com or 704-802-2080

<https://lotuscounselinggroup.com/>

In person in Charlotte and online in NC

Andrew Brimhall, PhD, LMFT

AAMFT Approved Supervisor

252-737-2076

andybrimhall@gmail.com

www.andrewbrimhall.com

Accepting supervisees in the Greenville area



Jessica Carter, MS, LMFT, LCMHC

AAMFT Supervisor Candidate

919-295-6848 mbstherapy4me@gmail.com

mbstherapy.clientsecure.me

Accepting in person supervision in the Raleigh/Durham and surrounding areas and online in NC

I have been practicing therapy since 2016 primarily from an EFT framework and by background consist of prior military (Navy), correctional officer, and massage therapist. I look forward to working with you.



Greg Cheney, PhD, LMFT, LCMHCS

AAMFT Approved Supervisor

919-762-6161

drcheney@valiantcouplestherapy.com

www.valiantcouplestherapy.com

In-person in Fuquay-Varina

Ralph Clark, LMFT, LPC

AAMFT Approved Supervisor

910.302.8726

ralphclark@sigmasolutionspllc.com

www.sigmasolutionspllc.com

Accepting new supervisees - Fayetteville



Steve Cline, LMFT-S, CCTP-II

AAMFT Approved Supervisor

stevecline@hwft.org

919-205-4561

www.hwft.org

Fuquay Varina



Byron Coley, PhD, LMFT

Approved Supervisor

byron@restorationcounselingclt.com

704-502-9397 x 5

[Restoration Counseling Center](http://RestorationCounselingCenter.com)

Charlotte area and online in NC



Ruth Cox, PhD, LMFT, FNP-BC, PMHNP-BC

Approved Supervisor

ruthpcox@msn.com

New Bern area and Online



Tia Crooms, PhD, LMFT

AAMFT Approved Supervisor
Phone: 888-547-1675 ext. 2
Email: tia@onetoone-cc.com
www.onetoone-cc.com

Accepting new supervisees Triangle and Morehead City Area



Carole Cullen, LMFT

AAMFT Approved Supervisor & LCMHC Supervisor
919-795-0101 or carole@mytherapistnc.org
Internship site specializing in Couples/EFT/Gottman
In-person in th Triangle area and online in NC. Monthly online group supervision available

Donna M. Davis, LCSW, LMFT, SEP, CSAT

AAMFT Approved Supervisor
704-333-3341
ddavis1@carolina.rr.com
accepting new supervisees in all of NC but work in Charlotte

Jessica DeLeon, MA, LMFT

Supervisor Candidate
910-821-3449
wavesofwellnessnc@gmail.com
In Person Wilmington/Jacksonville/ surrounding areas
Online state wide

Tony Delmedico, MA, LMFT

AAMFT-Approved Supervisor
919-623-8118
I am accepting new supervisees Triangle Area

Virginia Diaz, MA, LMFT, LCMHC, NCC

AAMFT Approved Supervisor
virginiadiazcounseling@gmail.com
www.virginiadiazcounseling.com and www.doctorsparkpsychologicalcenter.com
In person in Jacksonville, Swansboro, Hampstead area and virtual

Enfinity Dobson, QMHP, MS, LCASA, LMFT

Approved Supervisor Candidate

enfinity.dobson@gmail.com

<https://www.systemicsuptc.com/our-clinicians-supervisors>

Joy Elliot, MA, LMFT

Supervisor Candidate

919-229-9642

joy@attunednc.com

www.attunednc.com

Accepting new supervisees in person in Raleigh or virtual (group or individual) Interns also accepted.

Megan Facer, MS, LMFT

919-384-6288

Megan.facer@youthvillages.org

Accepting supervisees Triangle



Shiricka Fair, PhD, LMFT

AAMFT Approved Supervisor & LMHC Supervisor

704-750-0655

therapistshiricka@gmail.com

Accepting new supervisees in NC & SC

Donna L Fone, LMFT

AAMFT Approved Supervisor

donna@donnafone.com

Currently NOT taking new supervisees



Winifred "Ellen" Fox, PhD, LMFT

AAMFT Approved Supervisor

336-365-5205

marriagematterspllc@gmail.com

www.marriagematterspllc.com

Accepting new supervisees in Statesville area

Amy Gebben, LMFT, RPT

AAMFT Supervisor Candidate

980-800-9471

agebben@amandaklcs.com

www.calmingwaterscounselingservices.com

Accepting new supervisees in Charlotte (Cotswold area) or virtual



Leslie Gunderson, LMFT

AAMFT Supervisor Candidate

919-205-4604

leslie@durhamfamilycounseling.com

www.durhamfamilycounseling.com

Accepting supervisees in the Triangle and online across NC



Stanley Hall, PhD, LMFT

AAMFT Approved Supervisor

919.444.3226

stan@hallfamilytherapy.com

www.hallfamilytherapy.com

Accepting new supervisees Cary area

Anne Hancock, PsyD, LMFT

AAMFT Approved Supervisor

704-319-5593

info@thewellnesscounselingcenter.com

Accepting New Supervisees/Specialty EFT/Couples in the Charlotte area

Carrie Hanson, LMFT

AAMFT Approved Supervisor

chanson742@gmail.com or 828-894-7134

Meet weekly online (Tuesdays from 12 - 1pm)

Sarah Harris, LMFT, RPT

AAMFT Approved Supervisor

919-621-5812

sarah@sgtherapeuticservices.com

www.sgtherapeuticservices.com

Internship Site, Wake Forest/Triangle

Jack Hileman, MDiv, MA, LMFT
AAMFT Approved Supervisor
336-202-0846
revjack10@gmail.com
Taking supervisees in the Greensboro area



Deborah Klinger, MA, LMFT, CEDS-S
AAMFT Supervisor Candidate
919-990-1143
deborah.klinger@gmail.com
www.deborahklinger.com
Accepting new supervisees: in the Triangle and online in NC



Chad Jordan, LMFT
AAMFT Approved Supervisor
919-451-1719
www.linkedin.com/in/chad-jordan-42542324
In Person - Eastern NC/ Virtual - Statewide
Specializing in systemic/relational work with military and responder culture. Individual, couple, family and larger system dynamics. Accepting new supervisees and supervisor candidates.



Ashley Kolbe, MS, LMFT-S, RPT-S
AAMFT Approved Supervisor
ashley@kolbefamilytherapy.com
www.kolbefamilytherapy.com
Durham/Triangle Area

Ellen I Koski-Ponton, PhD, LMFT
AAMFT Approved Supervisor
704-989-6631
Accepting new supervisees. We can meet face to face in Monroe or virtually

Angela Lamson, PhD, LMFT
AAMFT Approved Supervisor
lamson@ecu.edu; 252-737-2042
Located in Pitt County

Debbie Logan, MS, MFT, LMFT

Supervisor Candidate

704-677-4135

debbie@debbieloganmft.com

www.debbieloganmft.com

In-Person Lake Norman/Charlotte region and virtual in NC



Adam Mathews, PhD. LMFT

AAMFT Approved Supervisor

(919)587-8018

adam@mathewscounseling.net

www.mathewscounseling.net

Accepting new supervisees, Yes in the Triangle Area



Kenzie Mizell, LMFT

Supervisor Candidate

kenzie@kbmtherapy.com

<https://empowering-authenticity.com/>

Individual and group supervision in person in Charlotte (near university), and virtually throughout NC.

Courtney Owings, LMFT, LCAS

AAMFT approved supervisor

Phone number: 828-406-9383

Email: owingsce@gmail.com

Located in Asheville



Susan Perkins, PhD, LMFT

Approved Supervisor

susanperkins@cardinalpointstherapy.com

www.cardinalpointstherapy.com

In-Person in the Triangle/Apex or online

Sandra (Sandy) Sparrow Perry, MS, LMFT

AAMFT Approved Supervisor

252-361-5605

sandyperry1111@gmail.com

Accepting new supervisees

I live in New Bern and can meet across the state

Cara Plasencia, MA, LMFT

AAMFT Approved Supervisor

315-863-3015

cara.plasencia@gmail.com

Burlington, NC area (virtually or in-person)



James Pruett, PhD, DMin

AAMFT Approved Supervisor

NC – LPCS, LMFT, CFBPPC; SC – LPC, LPCS, LMFT, LMFTS

704-577-5862

jameslmfts@gmail.com

Accepting new supervisees in NC & SC



Joshua D. Ramsey, MDiv., M.S., LMFT

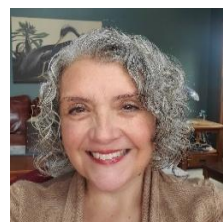
Supervisor Candidate

919-442-8369

josh@evergreenpsy.com www.evergreenpsy.com

Located in Durham or online/virtually

Offering systemic MFT clinical supervision under the mentorship of an AAMFT Approved Supervisor, my style is relational and emphasizes connection. Together, we will explore self-of-the-therapist interventions alongside your preferred psychotherapy philosophies. My hope is to fully support your journey toward independent licensure and collaborate in the cultivation of your unique clinical identity.



Jennifer Ransil, MA, LMFT, AAMFT-S

Approved Supervisor

jenransil@gmail.com 610-513-7895

<https://www.psychologytoday.com/us/therapists/jen-ransil-fredericksburg-pa/156952>

Located in the Corolla, NC area but available online for supervision



Damon L. Rappleyea, PhD, LMFT

AAMFT Approved Supervisor

Phone: 252-481-2961

Email: rappleyead@gmail.com

<https://beaconfamilytherapy.com/>

In-Person in Greenville and Cary

Allison Rayburn, PhD, LMFT, RPT, MT-BC

AAMFT Approved Supervisor

Phone: 703-568-1973

Email: drallisonrayburn@gmail.com

www.drallierayburn.com

Physically in Boone NC or online across North Carolina

John Rowe, LMFT, LPC

AAMFT Approved Supervisor & NCLPC Supervisor

704-490-4000

Drjohn.rowe@yahoo.com

www.drjrowe.com

Yes accepting new supervisees in the Charlotte area



Lori Sampson, LMFT, LCAS, CCS

Supervisor Candidate

702-338-8051 (text)

mindfulhealingandwellness7@gmail.com

Gaston County or online in NC

I work from a holistic approach mainly using family systems, CBT, MI, and DBT. I take a person centered approach to both supervision and clients, meeting individuals where they are and work to help enhance the supervisee's skills while helping them learn their own styles. Every person is different and the person centered approach allows for the individual to determine their path through reflection and understanding of who they are.



Sharon Sheppard, LMFT-S

Approved Supervisor

sharonsheppardlmft@gmail.com

919-335-3420

www.sharonsheppard.com

Raleigh/Wake Forest and Online

Tina Siragusa, MS, LMFT, LCAS

Approved AAMFT Supervisor

919-636-2931

tinasiragusa@gmail.com

www.tinasiragusa.com

Office is in Chapel Hill

G. Timothy Smith, PhD, LMFT

AAMFT Approved Supervisor

gtsmith@northstate.net

Greater Wilmington area (New Hanover and Pender County)



Lee "Bob" Smith, MS, LMFT, CCSOTS

AAMFT Approved Supervisor

561-289-9813

Leebobsmith@aol.com

Accepting new supervisees Raleigh/Cary/Apex/Holly Springs area

Portia Smith, EdD, LMFT

AAMFT Approved Supervisor

drportiasmith@gmail.com

Triangle in-person & online Supervision

Yvette Spears, LMFT

Approved Supervisor Candidate

yvette.spears@va.gov or evy116@gmail.com

Triad area (Winston-Salem, Greensboro, High Point)



Sheree S Spencer, MS, LMFT

Supervisor Candidate

www.tlctherapycenter.com

sspencer@tlctherapycenter.com or (704) 269-8263

I provide clinical supervision virtually across the state of North Carolina.

My focus areas include individual, couple, and family therapy, as well as integrative care models, wellness counseling, and care coordination.



Christina Stakely, MA, LMFT

AAMFT Approved Supervisor

910-750-4454

catlynn444@gmail.com

Accepting new supervisees

Jacksonville and Wilmington area

Johannes Steffin, LMFT, LCMHC

AAMFT Approved Supervisor and Qualified Supervisor NCMHCS

336-602-5450

steffinjo@gmail.com

Accepting virtual supervisees only

Macie Stewart, MS, LMFT, NCC

Supervisor Candidate

980-352-8145

maciestewarttherapy@gmail.com

www.stewarttherapyandwellness.com

Accepting new supervisees virtually in NC and in-person in the Charlotte area

Daniel Stillwell, PhD, LMFT

AAMFT Approved Supervisor

980-552-0083 or stillwelltherapy@gmail.com

Can provide supervision in the Asheville area or online

Dr. Mike Tanis, LMFT, LCMHS, CSAT, NCC

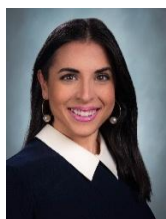
AAMFT Approved Supervisor & Qualified Supervisor of NC LCMHCA

704-765-2402

miketanis3@gmail.com

www.taniscounseling.com

Individual and Group Supervision via Zoom



Erika Taylor, MS, LMFT

AAMFT Supervisor Candidate

252-744-4611 (ask to be transferred to her)

erikastaylor@gmail.com

Greenville/Pitt County or tele-supervision

Timothy Tilley, MEd, LMFT

Approved Supervisor (since 8/2000)

tilleyt49@gmail.com or 336-408-6913

In-person in the Triad area



Shannon Todd, MA, LMFT

Supervisor Candidate; LCMHC Qualified Supervisor

www.deprootsmft.com shannon@deprootsmft.com

828-367-8603

Lives in Asheville, NC and provides both in-person and virtual supervision in the state of NC

Shannon has been practicing therapy since 2005. She sees couples, families, individuals, and adolescents. Shannon has extensive training in Emotionally-Focused Therapy and sees all behaviors through an attachment lens. Her passion is helping people learn how to have safe and secure relationships with themselves and with loved ones.

Lori Torres, MA, LMFT

AAMFT Approved Supervisor

980-349-8119 lori.torres@towerscounselingservices.com

www.towerscounselingservices.com

Supervisor mentoring offered for Supervisor Candidates.

Both in-person in the Charlotte area or virtually (individual & group)

Lisa Tyndall, PhD, LMFT

AAMFT Approved Supervisor

252-361-5191

www.drlisatyndall.com

Accepting new supervisees. Greenville, NC Virtual Sessions Available

Marysabel Vasquez, LMFT

Supervisor Candidate

mvasquez.lmft@gmail.com

Located in Winston-Salem, virtual also available.



Tiffany Wagner, LMFT

AAMFT Approved Supervisor

919-412-7321

tiffwagner@yahoo.com

www.fuquayfamilycounseling.com

Located in southern Wake County



Emma B. Wallace, PsyD, LMFT

AAMFT Approved Supervisor since 2011

910-470-1816

emmabwallace@icloud.com

www.sundancemft.com

In person Winston-Salem, Charlotte, Stateville & online (individual & group)



Ronald Webb, LMFT

AAMFT Approved Supervisor

ron@foundationsft.com

919-285-4802

Pinehurst area

Specialities: LMFTA and Intern Supervision, Clinical experience includes over 8 years of relational, family and individual experience with diverse scope of clinical populations, ages and cultures.



Tabitha Westbrook, LMFT-S, LCMHC-QS, LPC-S

Approved Supervisor

info@thejourneyandtheprocess.com, (919) 891-0521

<https://thejourneyandtheprocess.com/>

Taking new supervisees virtually in NC and TX

Angela Wilkers MS LMFT

828-779-7900

Clinical Supervisor

angelawilkers@gmail.com

www.angelawilkerstherapy.com

Asheville

Susan Wilkie McHale, PhD, LMFT, LPC, NCC, NCSC

AAMFT Approved Supervisor & LPC Supervisor

(504) 236-5642

Accepting new supervisees in the Charlotte Area



Isha D Williams, PhD, LMFT

AAMFT Approved Supervisor

isha@williamstherapygroup.com

252-325-9373

Accepting new supervisees in Eastern NC and online



Ellen Wilson, MMFT, LMFTS

AAMFT Approved Supervisor

myersparkcounseling@gmail.com

www.myersparkcounseling.com

In-Person in Charlotte; Virtually in NC

Ellen Wilson is a native Charlottean who has been a practicing LMFT clinician since 2012. Ellen's supervision style is collaborative, strengths-based, experiential, and focused on providing high quality, effective, evidence-based care.

Jon L. Winek, PhD, LMFT, LPC

AAMFT Approved Supervisor

jwinek@charter.net

Accepting new supervisees in the Boone area



James Wise, LMFT

AAMFT Supervisor Candidate

jamesmatthewwise@gmail.com

743-213-3895

in person in Winston-Salem, Triad and online in NC



Pearl Wong Abood, PhD, LMFT

AAMFT Approved Supervisor

980-218-0339

pearl@loutscounselinggroup.com

www.lotuscounselinggroup.com

Yes, accepting supervisees in the Charlotte Area



Jennifer Wright, LMFT-S

AAMFT Approved Supervisor

910-364-9766

jenniferwright315@gmail.com

www.vitalitypllc.com

Accepting supervisees in the Fayetteville area and online

Jennifer Moynihan Wynn, MS, LMFT

AAMFT Approved Supervisor

Joan Zimmerman, LMFT

Approved supervisor

jzimmermantherapy@gmail.com

828-964-9211

Currently possibly accepting new supervisees in the Boone area
