



[Need an AAMFT Approved Supervisor?](#)

Below is a list of supervisors and supervisor candidates sorted by last name. Please pay attention to the city or area they serve. You may wish to use the CTRL F function to search by area (Triangle, Charlotte, virtual, etc) to condense the information

8/12/2026



**Areinia Adams, LMFT**

AAMFT Approved Supervisor

919-247-2832

[aadamsLMFT@gmail.com](mailto:aadamsLMFT@gmail.com)

[www.PurposeandPeaceTherapeuticCare.com](http://www.PurposeandPeaceTherapeuticCare.com)

Accepting supervisees in the Triangle Area and online across NC



**Hunter Adams, LMFT**

AAMFT Supervisor Candidate

980-231-1177

[hunter@blossomlkn.com](mailto:hunter@blossomlkn.com)

In person in Charlotte and Lake Norman area, and virtual supervisees across NC



**Elizabeth Banks, PhD, LMFT**

AAMFT Approved Supervisor

[drelizabethbanks@gmail.com](mailto:drelizabethbanks@gmail.com)

Taking online supervisees



**Tommy Bischoff, PhD, LMFT**

AAMFT Approved Supervisor

[tommy@lotuscounselinggroup.com](mailto:tommy@lotuscounselinggroup.com) or 704-802-2080

<https://lotuscounselinggroup.com/>

In person in Charlotte and online in NC

**Andrew Brimhall, PhD, LMFT**

AAMFT Approved Supervisor

252-737-2076

[andybrimhall@gmail.com](mailto:andybrimhall@gmail.com)

[www.andrewbrimhall.com](http://www.andrewbrimhall.com)

Accepting supervisees in the Greenville area



**Jessica Carter, MS, LMFT, LCMHC**

AAMFT Supervisor Candidate  
919-295-6848 mbstherapy4me@gmail.com  
mbstherapy.clientsecure.me

Accepting in person supervision in the Raleigh/Durham and surrounding areas and online in NC

I have been practicing therapy since 2016 primarily from an EFT framework and by background consist of prior military (Navy), correctional officer, and massage therapist. I look forward to working with you.

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**Greg Cheney, PhD, LMFT, LCMHCS**

AAMFT Approved Supervisor  
919-762-6161  
drcheney@valiantcouplestherapy.com  
[www.valiantcouplestherapy.com](http://www.valiantcouplestherapy.com)  
In-person in Fuquay-Varina

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**Ralph Clark, LMFT, LPC**

AAMFT Approved Supervisor  
910.302.8726  
ralphclark@sigmasolutionspllc.com  
[www.sigmasolutionspllc.com](http://www.sigmasolutionspllc.com)  
Accepting new supervisees - Fayetteville

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**Steve Cline, LMFT-S, CCTP-II**

AAMFT Approved Supervisor  
[stevecline@hwft.org](mailto:stevecline@hwft.org)  
919-205-4561  
[www.hwft.org](http://www.hwft.org)  
Fuquay Varina

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**Byron Coley, PhD, LMFT**

Approved Supervisor  
byron@restorationcounselingclt.com  
704-502-9397 x 5  
[Restoration Counseling Center](http://RestorationCounselingCenter.com)  
Charlotte area and online in NC

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**Ruth Cox, PhD, LMFT, FNP-BC, PMHNP-BC**

Approved Supervisor  
ruthpcox@msn.com  
New Bern area and Online

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**Tia Crooms, PhD, LMFT**

AAMFT Approved Supervisor

Phone: 888-547-1675 ext. 2

Email: [tia@onetoone-cc.com](mailto:tia@onetoone-cc.com)

[www.onetoone-cc.com](http://www.onetoone-cc.com)

Accepting new supervisees Triangle and Morehead City Area

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**Carole Cullen, LMFT**

AAMFT Approved Supervisor & LCMHC Supervisor

919-795-0101 or [carole@mytherapistnc.org](mailto:carole@mytherapistnc.org)

Internship site specializing in Couples/EFT/Gottman

In-person in th Triangle area and online in NC. Monthly online group supervision available

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**Donna M. Davis, LCSW, LMFT, SEP, CSAT**

AAMFT Approved Supervisor

704-333-3341

[ddavis1@carolina.rr.com](mailto:ddavis1@carolina.rr.com)

accepting new supervisees in all of NC but work in Charlotte

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**Jessica DeLeon, MA, LMFT**

Supervisor Candidate

910-821-3449

[wavesofwellnessnc@gmail.com](mailto:wavesofwellnessnc@gmail.com)

In Person Wilmington/Jacksonville/ surrounding areas

Online state wide

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**Tony Delmedico, MA, LMFT**

AAMFT-Approved Supervisor

919-623-8118

I am accepting new supervisees Triangle Area

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**Virginia Diaz, MA, LMFT, LCMHC, NCC**

AAMFT Approved Supervisor

[virginiadiazcounseling@gmail.com](mailto:virginiadiazcounseling@gmail.com)

[www.virginiadiazcounseling.com](http://www.virginiadiazcounseling.com) and [www.doctorsparkpsychologicalcenter.com](http://www.doctorsparkpsychologicalcenter.com)

In person in Jacksonville, Swansboro, Hampstead area and virtual

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**Enfinity Dobson, QMHP, MS, LCASA, LMFT**

Approved Supervisor Candidate

enfinity.dobson@gmail.com

<https://www.systemicsuptc.com/our-clinicians-supervisors>

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**Joy Elliot, MA, LMFT**

Supervisor Candidate

919-229-9642

joy@attunednc.com

[www.attunednc.com](http://www.attunednc.com)

Accepting new supervisees in person in Raleigh or virtual (group or individual) Interns also accepted.

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**Megan Facer, MS, LMFT**

919-384-6288

Megan.facer@youthvillages.org

Accepting supervisees Triangle

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**Shiricka Fair, PhD, LMFT**

AAMFT Approved Supervisor & LMHC Supervisor

704-750-0655

therapistshiricka@gmail.com

Accepting new supervisees in NC & SC

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**Donna L Fone, LMFT**

AAMFT Approved Supervisor

donna@donnafone.com

Currently NOT taking new supervisees

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**Winifred "Ellen" Fox, PhD, LMFT**

AAMFT Approved Supervisor

336-365-5205

marriagematterspllc@gmail.com

[www.marriagematterspllc.com](http://www.marriagematterspllc.com)

Accepting new supervisees in Statesville area

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**Amy Gebben, LMFT, RPT**

AAMFT Supervisor Candidate

980-800-9471

agebben@amandaklcs.com

[www.calmingwaterscounselingservices.com](http://www.calmingwaterscounselingservices.com)

Accepting new supervisees in Charlotte (Cotswold area) or virtual

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**Leslie Gunderson, LMFT**

AAMFT Supervisor Candidate

919-205-4604

leslie@durhamfamilycounseling.com

[www.durhamfamilycounseling.com](http://www.durhamfamilycounseling.com)

Accepting supervisees in the Triangle and online across NC

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**Stanley Hall, PhD, LMFT**

AAMFT Approved Supervisor

919.444.3226

stan@hallfamilytherapy.com

[www.hallfamilytherapy.com](http://www.hallfamilytherapy.com)

Accepting new supervisees Cary area

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**Anne Hancock, PsyD, LMFT**

AAMFT Approved Supervisor

704-319-5593

info@thewellnesscounselingcenter.com

Accepting New Supervisees/Specialty EFT/Couples in the Charlotte area

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**Carrie Hanson, LMFT**

AAMFT Approved Supervisor

chanson742@gmail.com or 828-894-7134

Meet weekly online (Tuesdays from 12 - 1pm)

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**Sarah Harris, LMFT, RPT**

AAMFT Approved Supervisor

919-621-5812

sarah@sgtherapeuticservices.com

[www.sgtherapeuticservices.com](http://www.sgtherapeuticservices.com)

Internship Site, Wake Forest/Triangle

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**Jack Hileman, MDiv, MA, LMFT**  
AAMFT Approved Supervisor  
336-202-0846  
revjack10@gmail.com  
Taking supervisees in the Greensboro area

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**Deborah Klinger, MA, LMFT, CEDS-S**  
AAMFT Supervisor Candidate  
919-990-1143  
deborah.klinger@gmail.com  
[www.deborahklinger.com](http://www.deborahklinger.com)  
Accepting new supervisees: in the Triangle and online in NC

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**Chad Jordan, LMFT**  
AAMFT Approved Supervisor  
919-451-1719  
[www.linkedin.com/in/chad-jordan-42542324](https://www.linkedin.com/in/chad-jordan-42542324)  
In Person - Eastern NC/ Virtual - Statewide  
  
Specializing in systemic/relational work with military and responder culture. Individual, couple, family and larger system dynamics. Accepting new supervisees and supervisor candidates.

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**Ashley Kolbe, MS, LMFT-S, RPT-S**  
AAMFT Approved Supervisor  
ashley@kolbefamilytherapy.com  
[www.kolbefamilytherapy.com](http://www.kolbefamilytherapy.com)  
Durham/Triangle Area

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**Ellen I Koski-Ponton, PhD, LMFT**  
AAMFT Approved Supervisor  
704-989-6631  
Accepting new supervisees. We can meet face to face in Monroe or virtually

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**Angela Lamson, PhD, LMFT**  
AAMFT Approved Supervisor  
lamson@ecu.edu; 252-737-2042  
Located in Pitt County

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**Debbie Logan, MS, MFT, LMFT**

Supervisor Candidate

704-677-4135

debbie@debbieloganmft.com

[www.debbieloganmft.com](http://www.debbieloganmft.com)

In-Person Lake Norman/Charlotte region and virtual in NC

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**Adam Mathews, PhD. LMFT**

AAMFT Approved Supervisor

(919)587-8018

adam@mathewscounseling.net

[www.mathewscounseling.net](http://www.mathewscounseling.net)

Accepting new supervisees, Yes in the Triangle Area

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**Kenzie Mizell, LMFT**

Supervisor Candidate

kenzie@kbmtherapy.com

<https://empowering-authenticity.com/>

Individual and group supervision in person in Charlotte (near university), and virtually throughout NC.

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**Courtney Owings, LMFT, LCAS**

AAMFT approved supervisor

Phone number: 828-406-9383

Email: owingsce@gmail.com

Located in Asheville

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**Susan Perkins, PhD, LMFT**

Approved Supervisor

susanperkins@cardinalpointstherapy.com

[www.cardinalpointstherapy.com](http://www.cardinalpointstherapy.com)

In-Person in the Triangle/Apex or online

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**Sandra (Sandy) Sparrow Perry, MS, LMFT**

AAMFT Approved Supervisor

252-361-5605

sandyperry1111@gmail.com

Accepting new supervisees

I live in New Bern and can meet across the state

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**Cara Plasencia, MA, LMFT**  
AAMFT Approved Supervisor  
315-863-3015  
cara.plasencia@gmail.com  
Burlington, NC area (virtually or in-person)

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**James Pruett, PhD, DMin**  
AAMFT Approved Supervisor  
NC – LPCS, LMFT, CFBPPC; SC – LPC, LPCS, LMFT, LMFTS  
704-577-5862  
jameslmfts@gmail.com  
Accepting new supervisees in NC & SC

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**Joshua D. Ramsey, MDiv., M.S., LMFT**  
Supervisor Candidate  
919-442-8369  
josh@evergreenpsy.com www.evergreenpsy.com  
Located in Durham or online/virtually  
Offering systemic MFT clinical supervision under the mentorship of an AAMFT Approved Supervisor, my style is relational and emphasizes connection. Together, we will explore self-of-the-therapist interventions alongside your preferred psychotherapy philosophies. My hope is to fully support your journey toward independent licensure and collaborate in the cultivation of your unique clinical identity.

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**Jennifer Ransil, MA, LMFT, AAMFT-S**  
Approved Supervisor  
jenransil@gmail.com 610-513-7895  
<https://www.psychologytoday.com/us/therapists/jen-ransil-fredericksburg-pa/156952>  
Located in the Corolla, NC area but available online for supervision

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**Damon L. Rappleyea, PhD, LMFT**  
AAMFT Approved Supervisor  
Phone: 252-481-2961  
Email: rappleyead@gmail.com  
<https://beaconfamilytherapy.com/>  
In-Person in Greenville and Cary

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**Allison Rayburn, PhD, LMFT, RPT, MT-BC**  
AAMFT Approved Supervisor  
Phone: 703-568-1973  
Email: drallisonrayburn@gmail.com  
[www.drallierayburn.com](http://www.drallierayburn.com)  
Physically in Boone NC or online across North Carolina

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**John Rowe, LMFT, LPC**

AAMFT Approved Supervisor & NCLPC Supervisor

704-490-4000

Drjohn.rowe@yahoo.com

[www.drjrowe.com](http://www.drjrowe.com)

Yes accepting new supervisees in the Charlotte area

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**Lori Sampson, LMFT, LCAS, CCS**

Supervisor Candidate

702-338-8051 (text)

mindfulhealingandwellness7@gmail.com

Gaston County or online in NC

I work from a holistic approach mainly using family systems, CBT, MI, and DBT. I take a person centered approach to both supervision and clients, meeting individuals where they are and work to help enhance the supervisee's skills while helping them learn their own styles. Every person is different and the person centered approach allows for the individual to determine their path through reflection and understanding of who they are.

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**Sharon Sheppard, LMFT-S**

Approved Supervisor

sharonsheppardlmft@gmail.com

919-335-3420

[www.sharonsheppard.com](http://www.sharonsheppard.com)

Raleigh/Wake Forest and Online

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**Tina Siragusa, MS, LMFT, LCAS**

Approved AAMFT Supervisor

919-636-2931

tinasiragusa@gmail.com

[www.tinasiragusa.com](http://www.tinasiragusa.com)

Office is in Chapel Hill

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**G. Timothy Smith, PhD, LMFT**

AAMFT Approved Supervisor

gtsmith@northstate.net

Greater Wilmington area (New Hanover and Pender County)

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**Lee "Bob" Smith, MS, LMFT, CCSOTS**

AAMFT Approved Supervisor

561-289-9813

Leebobsmith@aol.com

Accepting new supervisees Raleigh/Cary/Apex/Holly Springs area

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**Portia Smith, EdD, LMFT**

AAMFT Approved Supervisor

drportiatsmith@gmail.com

Triangle in-person & online Supervision

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**Yvette Spears, LMFT**

Approved Supervisor Candidate

yvette.spears@va.gov or evy116@gmail.com

Triad area (Winston-Salem, Greensboro, High Point)

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**Sheree S Spencer, MS, LMFT**

Supervisor Candidate

[www.tlctherapycenter.com](http://www.tlctherapycenter.com)

sspencer@tlctherapycenter.com or (704) 269-8263

I provide clinical supervision virtually across the state of North Carolina.

My focus areas include individual, couple, and family therapy, as well as integrative care models, wellness counseling, and care coordination.

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**Christina Stakely, MA, LMFT**

AAMFT Approved Supervisor

910-750-4454

catlynn444@gmail.com

Accepting new supervisees

Jacksonville and Wilmington area

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**Johannes Steffin, LMFT, LCMHC**

AAMFT Approved Supervisor and Qualified Supervisor NCMHCS

336-602-5450

steffinjo@gmail.com

Accepting virtual supervisees only

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**Macie Stewart, MS, LMFT, NCC**

Supervisor Candidate

980-352-8145

maciestewarttherapy@gmail.com

[www.stewarttherapyandwellness.com](http://www.stewarttherapyandwellness.com)

Accepting new supervisees virtually in NC and in-person in the Charlotte area

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**Daniel Stillwell, PhD, LMFT**

AAMFT Approved Supervisor

980-552-0083 or stillwelltherapy@gmail.com

Can provide supervision in the Asheville area or online

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**Dr. Mike Tanis, LMFT, LCMHS, CSAT, NCC**

AAMFT Approved Supervisor & Qualified Supervisor of NC LCMHCA

704-765-2402

miketanis3@gmail.com

[www.taniscounseling.com](http://www.taniscounseling.com)

Individual and Group Supervision via Zoom

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**Erika Taylor, MS, LMFT**

AAMFT Supervisor Candidate

252-744-4611 (ask to be transferred to her)

erikastaylor@gmail.com

Greenville/Pitt County or tele-supervision

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**Timothy Tilley, MEd, LMFT**

Approved Supervisor (since 8/2000)

tilleyt49@gmail.com or 336-408-6913

In-person in the Triad area

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**Shannon Todd, LMFT**

Supervisor Candidate

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**Lori Torres, MA, LMFT**

AAMFT Approved Supervisor

980-349-8119 lori.torres@towerscounselingservices.com

[www.towerscounselingservices.com](http://www.towerscounselingservices.com)

Supervisor mentoring offered for Supervisor Candidates.

Both in-person in the Charlotte area or virtually (individual & group)

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**Lisa Tyndall, PhD, LMFT**

AAMFT Approved Supervisor

252-361-5191

[www.drlisatyndall.com](http://www.drlisatyndall.com)

Accepting new supervisees. Greenville, NC Virtual Sessions Available

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**Marysabel Vasquez, LMFT**

Supervisor Candidate

[mvasquez.lmft@gmail.com](mailto:mvasquez.lmft@gmail.com)

Located in Winston-Salem, virtual also available.

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**Tiffany Wagner, LMFT**

AAMFT Approved Supervisor

919-412-7321

[tiffwagner@yahoo.com](mailto:tiffwagner@yahoo.com)

[www.fuquayfamilycounseling.com](http://www.fuquayfamilycounseling.com)

Located in southern Wake County

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**Emma B. Wallace, PsyD, LMFT**

AAMFT Approved Supervisor since 2011

910-470-1816

[emmabwallace@icloud.com](mailto:emmabwallace@icloud.com)

[www.sundancemft.com](http://www.sundancemft.com)

In person Winston-Salem, Charlotte, Stateville & online (individual & group)

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**Ronald Webb, LMFT**

AAMFT Approved Supervisor

[ron@foundationsft.com](mailto:ron@foundationsft.com)

919-285-4802

Pinehurst area

Specialties: LMFTA and Intern Supervision, Clinical experience includes over 8 years of relational, family and individual experience with diverse scope of clinical populations, ages and cultures.

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**Tabitha Westbrook, LMFT-S, LCMHC-QS, LPC-S**

Approved Supervisor

[info@thejourneyandtheprocess.com](mailto:info@thejourneyandtheprocess.com), (919) 891-0521

<https://thejourneyandtheprocess.com/>

Taking new supervisees virtually in NC and TX

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**Angela Wilkers MS LMFT**

828-779-7900

Clinical Supervisor

angelawilkers@gmail.com

[www.angelawilkerstherapy.com](http://www.angelawilkerstherapy.com)

Asheville

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**Susan Wilkie McHale, PhD, LMFT, LPC, NCC, NCSC**

AAMFT Approved Supervisor & LPC Supervisor

(504) 236-5642

Accepting new supervisees in the Charlotte Area

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**Isha D Williams, PhD, LMFT**

AAMFT Approved Supervisor

isha@williamstherapygroup.com

252-325-9373

Accepting new supervisees in Eastern NC and online

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**Ellen Wilson, MMFT, LMFTS**

AAMFT Approved Supervisor

[myersparkcounseling@gmail.com](mailto:myersparkcounseling@gmail.com)

[www.myersparkcounseling.com](http://www.myersparkcounseling.com)

In-Person in Charlotte; Virtually in NC

Ellen Wilson is a native Charlottean who has been a practicing LMFT clinician since 2012. Ellen's supervision style is collaborative, strengths-based, experiential, and focused on providing high quality, effective, evidence-based care.

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**Jon L. Winek, PhD, LMFT, LPC**

AAMFT Approved Supervisor

jwinek@charter.net

Accepting new supervisees in the Boone area

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**James Wise, LMFT**

AAMFT Supervisor Candidate

jamesmatthewwise@gmail.com

743-213-3895

in person in Winston-Salem, Triad and online in NC

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**Pearl Wong Abood, PhD, LMFT**

AAMFT Approved Supervisor

980-218-0339

pearl@loutscounselinggroup.com

[www.lotuscounselinggroup.com](http://www.lotuscounselinggroup.com)

Yes, accepting supervisees in the Charlotte Area

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**Jennifer Wright, LMFT-S**

AAMFT Approved Supervisor

910-364-9766

jenniferwright315@gmail.com

[www.vitalitypllc.com](http://www.vitalitypllc.com)

Accepting supervisees in the Fayetteville area and online

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**Jennifer Moynihan Wynn, MS, LMFT**

AAMFT Approved Supervisor

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**Joan Zimmerman, LMFT**

Approved supervisor

jzimmermantherapy@gmail.com

828-964-9211

Currently possibly accepting new supervisees in the Boone area

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