



North Carolina Association for Marriage and Family Therapy
 2533 Bent Green St.
 Raleigh, NC 27614
 919-518-1919 or cathywomack@customassociation.com

Certificate of Continuing Education 2026

Name: _____
 (please print)

Directions: To receive contact hours, the assigned session code must be filled in for each session attended. The number will be announced at the conclusion of each session.

March 19, 2026	Number of Hours	Code
AM Session: Ethical Considerations when working with Trauma: How do we determine if we are practicing within our scope of competence? Andy Brimhall, PhD, LMFT; Andrea Parady, MS, LMFT; Ruth Brown, BS	3	
PM Session: MFT Ethical Considerations when Serving Military and Law Enforcement Families Chad Jordan, MA, LMFT; Lisa Tyndall, PhD, LMFT	3	
March 20, 2026		
General Session: Healing the Hidden Wounds: Understanding and Treating Trauma in Children and Families Dr. Crystal Krueger, DBH, LMFT	3.5	
A: Behind the Uniform: How to join with First Responders in Therapy Renee Marcoux, LMFT, CFRC	1.75	
B: Connected in Crisis: Common Couple Dynamics of Law-Enforcement Officers and Their Partners Andy Brimhall, PhD, LMFT and Jake Jensen, PhD, LMFT	1.75	
C: North Carolina Marriage and Family Therapy Licensure Board Question and Answer Session: Structure and Process Jon Winek, PhD, LMFT; Jeff Krepps, PhD, LMFT and Heather Stehberger, MS, LMFT ** NOT Eligible for NBCC Credits**	1.75	
D: Lowering Therapists' Barriers to Treating Trauma Bob Smith, MS, LMFT, CCSOTS & Susan Perkins, PhD, LMFT	1.75	
E: Trauma Through the Lens of a First Responder Teia Poulin, LCMHC, C-CISM	1.75	
F: LMFTs and Disaster Mental Health: Building Resilience and Recovery in NC and Beyond Martha Teater, MA, LMFT	1.75	
March 21, 2026		
G: Emotional Intelligence in Crisis: Strengthening Connections for First Responders and Trauma Survivors Roberta A. Moore, EdS, LMFT	1.75	
H: Fundamentals of Counseling Law Enforcement & First Responders Kristina Franklin, LMFT, LCMHC	1.75	
I: Recovering from Natural Disasters and Trauma: Expressive Arts Activities for Therapists to create Regulation and Connection Montserrat Casado, PhD, LMFT, RPT	1.75	
J: From Surviving to Thriving to Resilience: The Path to Healing Through Horses Shannon Knapp, MA, NLC-EP & Elizabeth Corbett, MS, LCMHC	1.75	
General Session: First on the Scene, Last to Heal: Connecting with First Responders in Crisis and Trauma Greg Cheney, PhD, LMFT, LCMHC	3.5	
<i>Total Earned</i>		

I need NBCC Hours

Cathy Womack

Cathy Womack, Executive Director