



## Need an AAMFT Approved Supervisor?

Below is a list of supervisors and supervisor candidates sorted by last name. Please pay attention to the city or area they serve. You may wish to use the CTRL F function to search by area (Triangle, Charlotte, virtual, etc) to condense the information

3/17/2025



**Areinia Adams, LMFT**

AAMFT Approved Supervisor

919-247-2832

aadamsLMFT@gmail.com

[www.PurposeandPeaceTherapeuticCare.com](http://www.PurposeandPeaceTherapeuticCare.com)

Accepting supervisees in the Triangle Area and online across NC



**Hunter Adams, LMFT**

AAMFT Supervisor Candidate

980-231-1177

hunter@blossomlkn.com

In person in Charlotte and Lake Norman area, and virtual supervisees across NC



**Elizabeth Banks, PhD, LMFT**

AAMFT Approved Supervisor

drelizabethbanks@gmail.com

Taking online supervisees



**Tommy Bischoff, PhD, LMFT**

AAMFT Approved Supervisor

tommy@lotuscounselinggroup.com or 704-802-2080

<https://lotuscounselinggroup.com/>

In person in Charlotte and online in NC

**Andrew Brimhall, PhD, LMFT**

AAMFT Approved Supervisor

252-737-2076

andybrimhall@gmail.com

[www.andrewbrimhall.com](http://www.andrewbrimhall.com)

Accepting supervisees in the Greenville area



**Greg Cheney, PhD, LMFT, LCMHCS**  
AAMFT Approved Supervisor  
919-762-6161  
drcheney@valiantcouplestherapy.com  
[www.valiantcouplestherapy.com](http://www.valiantcouplestherapy.com)  
In-person in Fuquay-Varina

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**Ralph Clark, LMFT, LPC**  
AAMFT Approved Supervisor  
910.302.8726  
ralphclark@sigmasolutionspllc.com  
[www.sigmasolutionspllc.com](http://www.sigmasolutionspllc.com)  
Accepting new supervisees - Fayetteville

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**Steve Cline, LMFT-S, CCTP-II**  
AAMFT Approved Supervisor  
[stevecline@hwft.org](mailto:stevecline@hwft.org)  
919-205-4561  
[www.hwft.org](http://www.hwft.org)  
Fuquay Varina

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**Byron Coley, PhD, LMFT**  
Approved Supervisor  
byron@restorationcounselingclt.com  
704-502-9397 x 5  
[Restoration Counseling Center](#)  
Charlotte area and online in NC

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**Ruth Cox, PhD, LMFT, FNP-BC, PMHNP-BC**  
Approved Supervisor  
ruthpcox@msn.com  
New Bern area and Online

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**Tia Crooms, PhD, LMFT**  
AAMFT Approved Supervisor  
Phone: 888-547-1675 ext. 2  
Email: tia@onetoone-cc.com  
[www.onetoone-cc.com](http://www.onetoone-cc.com)  
Accepting new supervisees Triangle and Morehead City Area

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**Carole Cullen, LMFT**

AAMFT Approved Supervisor & LCMHC Supervisor

919-795-0101 or carole@mytherapistnc.org

Internship site specializing in Couples/EFT/Gottman

In-person in th Triangle area and online in NC. Monthly online group supervision available

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**Donna M. Davis, LCSW, LMFT, SEP, CSAT**

AAMFT Approved Supervisor

704-333-3341

ddavis1@carolina.rr.com

accepting new supervisees in all of NC but work in Charlotte

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**Jessica DeLeon, MA, LMFT**

Supervisor Candidate

910-821-3449

wavesofwellnessnc@gmail.com

In Person Wilmington/Jacksonville/ surrounding areas

Online state wide

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**Tony Delmedico, MA, LMFT**

AAMFT-Approved Supervisor

919-623-8118

I am accepting new supervisees Triangle Area

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**Virginia Diaz, MA, LMFT, LCMHC, NCC**

AAMFT Approved Supervisor

virginiadiazcounseling@gmail.com

www.virginiadiazcounseling.com and www.doctorsparkpsychologicalcenter.com

In person in Jacksonville, Swansboro, Hampstead area and virtual

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**Enfinity Dobson, QMHP, MS, LCASA, LMFT**

Approved Supervisor Candidate

enfinity.dobson@gmail.com

<https://www.systemicsuptc.com/our-clinicians-supervisors>

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**Joy Elliot, MA, LMFT**

Supervisor Candidate

919-229-9642

joy@attunednc.com

[www.attunednc.com](http://www.attunednc.com)

Accepting new supervisees in person in Raleigh or virtual (group or individual) Interns also accepted.

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**Megan Facer, MS, LMFT**

919-384-6288

Megan.facer@youthvillages.org

Accepting supervisees Triangle

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**Shiricka Fair, PhD, LMFT**

AAMFT Approved Supervisor & LMHC Supervisor

704-750-0655

therapistshiricka@gmail.com

Accepting new supervisees in NC & SC

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**Donna L Fone, LMFT**

AAMFT Approved Supervisor

donna@donnafone.com

Currently NOT taking new supervisees

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**Winifred "Ellen" Fox, PhD, LMFT**

AAMFT Approved Supervisor

336-365-5205

marriagematterspllc@gmail.com

[www.marriagematterspllc.com](http://www.marriagematterspllc.com)

Accepting new supervisees in Statesville area

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**Amy Gebben, LMFT, RPT**

AAMFT Supervisor Candidate

980-800-9471

agebben@amandaklcsw.com

[www.calmingwaterscounselingservices.com](http://www.calmingwaterscounselingservices.com)

Accepting new supervisees in Charlotte (Cotswold area) or virtual

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**Leslie Gunderson, LMFT**

AAMFT Supervisor Candidate

919-205-4604

leslie@durhamfamilycounseling.com

[www.durhamfamilycounseling.com](http://www.durhamfamilycounseling.com)

Accepting supervisees in the Triangle and online across NC

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**Stanley Hall, PhD, LMFT**

AAMFT Approved Supervisor

919.444.3226

stan@hallfamilytherapy.com

[www.hallfamilytherapy.com](http://www.hallfamilytherapy.com)

Accepting new supervisees Cary area

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**Anne Hancock, PsyD, LMFT**

AAMFT Approved Supervisor

704-319-5593

info@thewellnesscounselingcenter.com

Accepting New Supervisees/Specialty EFT/Couples in the Charlotte area

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**Carrie Hanson, LMFT**

AAMFT Approved Supervisor

chanson742@gmail.com or 828-894-7134

Meet weekly online (Tuesdays from 12 - 1pm)

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**Sarah Harris, LMFT, RPT**

AAMFT Approved Supervisor

919-621-5812

sarah@sgtherapeuticservices.com

[www.sgtherapeuticservices.com](http://www.sgtherapeuticservices.com)

Internship Site, Wake Forest/Triangle

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**Jack Hileman, MDiv, MA, LMFT**

AAMFT Approved Supervisor

336-202-0846

revjack10@gmail.com

Taking supervisees in the Greensboro area

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**Deborah Klinger, MA, LMFT, CEDS-S**

AAMFT Supervisor Candidate

919-990-1143

deborah.klinger@gmail.com

[www.deborahklinger.com](http://www.deborahklinger.com)

Accepting new supervisees: in the Triangle and online in NC

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**Chad Jordan, LMFT**

AAMFT Approved Supervisor

919-451-1719

[www.linkedin.com/in/chad-jordan-42542324](http://www.linkedin.com/in/chad-jordan-42542324)

In Person - Eastern NC/ Virtual - Statewide

Specializing in systemic/relational work with military and responder culture. Individual, couple, family and larger system dynamics. Accepting new supervisees and supervisor candidates.

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**Ashley Kolbe, MS, LMFT-S, RPT-S**

AAMFT Approved Supervisor

ashley@kolbefamilytherapy.com

[www.kolbefamilytherapy.com](http://www.kolbefamilytherapy.com)

Durham/Triangle Area

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**Ellen I Koski-Ponton, PhD, LMFT**

AAMFT Approved Supervisor

704-989-6631

Accepting new supervisees. We can meet face to face in Monroe or virtually

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**Angela Lamson, PhD, LMFT**

AAMFT Approved Supervisor

lamson@ecu.edu; 252-737-2042

Located in Pitt County

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**Debbie Logan, MS, MFT, LMFT**

Supervisor Candidate

704-677-4135

debbie@debbieloganmft.com

[www.debbieloganmft.com](http://www.debbieloganmft.com)

In-Person Lake Norman/Charlotte region and virtual in NC

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**Adam Mathews, PhD, LMFT**

AAMFT Approved Supervisor

(919)587-8018

adam@mathewscounseling.net

[www.mathewscounseling.net](http://www.mathewscounseling.net)

Accepting new supervisees, Yes in the Triangle Area

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**Kenzie Mizell, LMFT**

Supervisor Candidate

kenzie@kbmtherapy.com

<https://empowering-authenticity.com/>

Individual and group supervision in person in Charlotte (near university), and virtually throughout NC.

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**Courtney Owings, LMFT, LCAS**

AAMFT approved supervisor

Phone number: 828-406-9383

Email: owingsce@gmail.com

Located in Asheville

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**Susan Perkins, PhD, LMFT**

Approved Supervisor

susanperkins@cardinalpointstherapy.com

[www.cardinalpointstherapy.com](http://www.cardinalpointstherapy.com)

In-Person in the Triangle/Apex or online

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**Sandra (Sandy) Sparrow Perry, MS, LMFT**

AAMFT Approved Supervisor

252-361-5605

sandyperry1111@gmail.com

Accepting new supervisees

I live in New Bern and can meet across the state

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**Cara Plasencia, MA, LMFT**

AAMFT Approved Supervisor

315-863-3015

cara.plasencia@gmail.com

Burlington, NC area (virtually or in-person)

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**James Pruett, PhD, DMin**  
AAMFT Approved Supervisor  
NC – LPCS, LMFT, CFBPPC; SC – LPC, LPCS, LMFT, LMFTS  
704-577-5862  
jameslmfts@gmail.com  
Accepting new supervisees in NC & SC

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**Jennifer Ransil, MA, LMFT, AAMFT-S**  
Approved Supervisor  
jenransil@gmail.com 610-513-7895  
<https://www.psychologytoday.com/us/therapists/jen-ransil-fredericksburg-pa/156952>  
Located in the Corolla, NC area but available online for supervision

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**Damon L. Rappleyea, PhD, LMFT**  
AAMFT Approved Supervisor  
Phone: 252-481-2961  
Email: rapplethead@gmail.com  
<https://beaconfamilytherapy.com/>  
In-Person in Greenville and Cary

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**Allison Rayburn, PhD, LMFT, RPT, MT-BC**  
AAMFT Approved Supervisor  
Phone: 703-568-1973  
Email: drallisonrayburn@gmail.com  
[www.drallierayburn.com](http://www.drallierayburn.com)  
Physically in Boone NC or online across North Carolina

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**John Rowe, LMFT, LPC**  
AAMFT Approved Supervisor & NCLPC Supervisor  
704-490-4000  
Drjohn.rowe@yahoo.com  
[www.drjrowe.com](http://www.drjrowe.com)  
Yes accepting new supervisees in the Charlotte area

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**Sharon Sheppard, LMFT-S**  
Approved Supervisor  
sharonsheppardlmft@gmail.com  
919-335-3420  
[www.sharonsheppard.com](http://www.sharonsheppard.com)  
Raleigh/Wake Forest and Online

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**Tina Siragusa, MS, LMFT, LCAS**

Approved AAMFT Supervisor

919-636-2931

tinasiragusa@gmail.com

[www.tinasiragusa.com](http://www.tinasiragusa.com)

Office is in Chapel Hill

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**G. Timothy Smith, PhD, LMFT**

AAMFT Approved Supervisor

gtsmith@northstate.net

Greater Wilmington area (New Hanover and Pender County)

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**Lee "Bob" Smith, MS, LMFT, CCSOTS**

AAMFT Approved Supervisor

561-289-9813

Leebobsmith@aol.com

Accepting new supervisees Raleigh/Cary/Apex/Holly Springs area

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**Portia Smith, EdD, LMFT**

AAMFT Approved Supervisor

drportiatsmith@gmail.com

Triangle in-person & online Supervision

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**Yvette Spears, LMFT**

Approved Supervisor Candidate

yvette.spears@va.gov or evy116@gmail.com

Triad area (Winston-Salem, Greensboro, High Point)

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**Christina Stakely, MA, LMFT**

AAMFT Approved Supervisor

910-750-4454

catlynn444@gmail.com

Accepting new supervisees

Jacksonville and Wilmington area

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**Johannes Steffin, LMFT, LCMHC**

AAMFT Approved Supervisor and Qualified Supervisor NCMHCS

336-602-5450

steffinjo@gmail.com

Accepting virtual supervisees only

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**Macie Stewart, MS, LMFT, NCC**

Supervisor Candidate

980-352-8145

maciestewarttherapy@gmail.com

[www.stewartherapyandwellness.com](http://www.stewartherapyandwellness.com)

Accepting new supervisees virtually in NC and in-person in the Charlotte area

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**Daniel Stillwell, PhD, LMFT**

AAMFT Approved Supervisor

980-552-0083 or stillwelltherapy@gmail.com

Can provide supervision in the Asheville area or online

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**Dr. Mike Tanis, LMFT, LCMHS, CSAT, NCC**

AAMFT Approved Supervisor & Qualified Supervisor of NC LCMHCA

704-765-2402

miketanis3@gmail.com

[www.taniscounseling.com](http://www.taniscounseling.com)

Individual and Group Supervision via Zoom

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**Erika Taylor, MS, LMFT**

AAMFT Supervisor Candidate

252-744-4611 (ask to be transferred to her)

erikastaylor@gmail.com

Greenville/Pitt County or tele-supervision

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**Timothy Tilley, MEd, LMFT**

Approved Supervisor (since 8/2000)

tilleyt49@gmail.com or 336-408-6913

In-person in the Triad area

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**Lori Torres, MA, LMFT**

AAMFT Approved Supervisor

980-349-8119 lori.torres@towerscounselingservices.com

[www.towerscounselingservices.com](http://www.towerscounselingservices.com)

Supervisor mentoring offered for Supervisor Candidates.

Both in-person in the Charlotte area or virtually (individual & group)

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**Lisa Tyndall, PhD, LMFT**

AAMFT Approved Supervisor

252-361-5191

[www.drlisatyndall.com](http://www.drlisatyndall.com)

Accepting new supervisees. Greenville, NC Virtual Sessions Available

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**Marysabel Vasquez, LMFT**

Supervisor Candidate

mvasquez.lmft@gmail.com

Located in Winston-Salem, virtual also available.

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**Tiffany Wagner, LMFT**

AAMFT Approved Supervisor

919-412-7321

tiffwagner@yahoo.com

[www.fuquayfamilycounseling.com](http://www.fuquayfamilycounseling.com)

Located in southern Wake County

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**Emma B. Wallace, PsyD, LMFT**

AAMFT Approved Supervisor since 2011

910-470-1816

emmabwallace@icloud.com

[www.sundancemft.com](http://www.sundancemft.com)

In person Winston-Salem, Charlotte, Stateville & online (individual & group)

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**Tabitha Westbrook, LMFT-S, LCMHC-QS, LPC-S**

Approved Supervisor

info@thejourneyandtheprocess.com, (919) 891-0521

<https://thejourneyandtheprocess.com/>

Taking new supervisees virtually in NC and TX

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**Angela Wilkers MS LMFT**

828-779-7900

Clinical Supervisor

angelawilkers@gmail.com

[www.angelawilkerstherapy.com](http://www.angelawilkerstherapy.com)

Asheville

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**Susan Wilkie McHale, PhD, LMFT, LPC, NCC, NCSC**

AAMFT Approved Supervisor & LPC Supervisor

(504) 236-5642

NEED EMAIL ADDRESS

Accepting new supervisees in the Charlotte Area

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**Jon L. Winek, PhD, LMFT, LPC**

AAMFT approved supervisor

jwinek@charter.net

Accepting new supervisees in the Boone area

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**Pearl Wong Abood, PhD, LMFT**

AAMFT Approved Supervisor

980-218-0339

pearl@loutscounselinggroup.com

[www.lotuscounselinggroup.com](http://www.lotuscounselinggroup.com)

Yes, accepting supervisees in the Charlotte Area

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**Jennifer Wright, LMFT-S**

AAMFT Approved Supervisor

910-364-9766

jenniferwright315@gmail.com

[www.vitalityplc.com](http://www.vitalityplc.com)

Accepting supervisees in the Fayetteville area and online

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**Jennifer Moynihan Wynn, MS, LMFT**

AAMFT Approved Supervisor

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**Joan Zimmerman, LMFT**

Approved supervisor

jzimmermantherapy@gmail.com

828-964-9211

Currently possibly accepting new supervisees in the Boone area

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