

NCAMFT – Family Therapist Newsletter



January 1, 2016 Message from NCAMFT President Dan Marlowe

Hello my fellow MFTs! It certainly has been an interesting year for our state division and national organization. First, I would like to thank all of you who voted on AAMFT's proposed by-law changes this past August. As I have mentioned previously, times of uncertainty tend to invoke fear and anxiety, and it is during these times that an open yet critical approach is of the greatest necessity. It is this approach that I have witnessed time and time again from you all in the form of your purposeful questioning and active engagement throughout this process. So, regardless of your specific vote, I truly appreciate the time each of you spent looking at the material, weighing the options,

and voting your conscience.

With the by-law vote behind us for now, the NCAMFT board is looking to re-orient itself in 2016 to solidifying and increasing the benefits offered to the membership. As always, I hope to see you February 25th – 27th at our annual spring conference, where Terry Hargrave, PhD will be discussing Restoration Therapy. In addition, while we were unable to bring you our on-line conference this year, please plan to join us in fall 2016, when the fall conference makes its return. This time around we will be eliciting presenter proposals from the membership; so please stay tuned for more information regarding the submission process. Also, for those of you who still need CEUs, please remember that you have access to recordings from last year's online conference through the NCAMFT website on the "CE Opportunities" page. Outside of these offerings, the board is working on several different projects to bring new services to the membership in the coming year. Please stay tuned for updates.

Finally, it seems that everywhere I look, my own life included, both time and energy are in increasingly short supply with so many interests vying for our individual attention and with so many parties needing our help/assistance. It seems that the busier we get, the more pressure we find ourselves under to be discerning about where those finite resources are directed. So, as we end 2015 and move headlong into 2016, I want to express my sincere gratitude for your continued engagement with and support of NCAMFT and the profession of marriage and the family therapy in the state. The time and energy you devote to this organization, no matter how small, is never insignificant and never goes unnoticed. Our division's collective strength and competency is simply a reflection of the strength and competency each of you embody in your ambassadorship of our profession. Thank you so much for all that you do, and may each of you find peace and purpose this new year.

Election Results Are In

Election results are in, and the NCAMFT Board of Directors welcomes the following people to the board for terms starting January 1, 2016:

Bob Smith – Capital Chapter Director

Laura Bryan – Ethics Chair

Dan Blocker – Student/Associate Representative from the East

Tiffany Rikard – Student/Associate Representative from the West

We hope to be able to fill some of the vacant board positions with write-in candidates, who are currently being contacted about their willingness to serve.

We would like to thank the following individuals for their service as they rotate off the board. We will miss you all!

Jeff Krepps

Pearl Wong

Meredith Nisbet

Shari York

Mary McKinney

Emma Wallace

Faith Drew

2016 NCAMFT Annual Conference Features Terry Hargrave

The 2016 NCAMFT Annual Conference is coming to the Embassy Suites in Cary, NC February 25th – 27th! Pre-conference Institutes will be held on February 25th, with the main conference on February 26th – 27th, 2016. We have some excellent pre-conference seminars planned on a diverse selection of topics,



MARK YOUR CALENDAR 2016 ANNUAL CONFERENCE

*Restoration Therapy:
Understanding and Guiding Healing
in Marriage and Family Therapy*

Terry Hargrave, PhD
February 26-27, 2016
Embassy Suites RDU
Cary, North Carolina

including two ethics offerings, one in the morning and one in the afternoon on the 25th.

Our presenter for the main conference is Dr. Terry Hargrave, professor, therapist, author, and speaker. He is nationally recognized for his pioneering work with intergenerational families. Dr. Hargrave has authored numerous

professional articles and eleven books including *Restoration Therapy: Understanding and Guiding*

Healing in Marriage and Family Therapy (co-authored with Franz Pfitzer) and *The Essential Humility of Marriage: Honoring the Third Identity in Couple Therapy*.

Dr. Hargrave has presented nationally and internationally on the concepts and processes of family and marriage restoration and aging, and he is known for his clear and entertaining presentations. His work has been featured in several national magazines and newspapers, as well as ABC News 20/20, Good Morning America and CBS Early Morning. He has been selected as a national conference plenary speaker and as a Master's Series Therapist by AAMFT. Dr. Hargrave is a Professor of Marriage and Family Therapy at Fuller Seminary in Pasadena, CA and is president and in practice at Amarillo Family Institute, Inc. He and his wife, Sharon, have two children, Halley Anne and Peter.

Sounds impressive to me! Dr. Hargrave's email address is tdhargrave@aol.com if you have any questions or would like to contact him. I am so excited to experience him and hear what he has to offer us - recent grads, students and more seasoned therapists alike.

Register online at

<https://ww2.eventrebels.com/er/Registration/StepRegInfo.jsp?ActivityID=15369&StepNumber=1>

2017 is already planned and should be a great conference as well. More about this one later! Please register for all these wonderful opportunities as soon as the registration is available. I promise you will not regret it!

Emma B. Wallace, PsyD, LMFT
Continuing Education Chair

NC General Assembly Passes Autism Bill and Legislation to Transform Medicaid and NC Health Choice Programs

Hi, everyone. I have a couple of important updates regarding our profession. The following information regarding Medicaid reform is from "NC Legislature Approves Medicaid Privatization" by Lynn Bonner, published on 9/22/15 in *The Charlotte Observer*.

The NC General Assembly approved House Bill 372 on 9/22/15, which overhauls the state's Medicaid and NC Health Choice programs. Under the bill, signed by Governor Pat McCrory on 9/23/15, North Carolina would contract with three companies that would offer statewide health insurance plans for individuals with Medicaid, as well as up to 10 contracts with "provider-led entities," or networks of physicians and hospitals that would offer regional plans. North Carolina would no longer pay for each individual's medical procedure and visit. With the new contracts, North Carolina would make upfront, per patient payments, and contracted insurers or provider networks would be responsible for cost overruns. With Medicaid reform, North Carolina would also end its contract with Community Care of North Carolina (CCNC), the statewide network that provides medical homes for individuals with

Medicaid and that coordinates care for the chronically ill in North Carolina. It is reported this reform passed because legislators are disappointed with several years of Medicaid budget shortfalls, although some individuals say it is not as bad as it is reported and that shortfalls are due to legislatures not budgeting enough for Medicaid. These Medicaid changes must be approved by the Center for Medicare and Medicaid Services (CMS), who will be sent the request for reform by North Carolina by June 2016. It could then take another year for Medicaid reform to be approved, and managed care contracts would begin 18 months after that. You can read the full text of this new legislation at <http://www.ncleg.net/gascripts/BillLookUp/BillLookUp.pl?Session=2015&BillID=h372>

In other news, the Autism Bill we have been monitoring for several months has passed. This bill ensures multiple mental health providers, including LMFTs, can bill for therapeutic services provided to individuals with Autism Spectrum Disorder. We certainly owe a lot to our executive leadership and attorney for their support with ensuring LMFTs were included in this bill.

Megan Facer, MS, LMFT
Professional Practice Committee Chair

Chapter News

Capital Chapter

The Capital Chapter met on October 23 for a presentation on Collaborative Divorce, an alternative to litigated divorce, which so often harms family relationships. The meeting was well-attended, with plenty of interaction and learning! During this year's NCAMFT elections, members had the opportunity to select a new Capital Chapter Director. Welcome Bob Smith, who begins his term as Capital Chapter Director on January 1.

North Central Chapter

In November the NCAMFT North Central Chapter met for networking and identifying several goals for next year. We will start 2016 off with an ethics training focusing on ethical challenges in private practice. Our chapter has expressed a desire to meet regularly for CEU opportunities as well as supporting each other by staffing cases and exploring our professional interests together. We hope even more members will join us in 2016 to help us plan chapter events so we can meet the needs of everyone and benefit from each person's knowledge.

Northeast Chapter

After a sleepy 2015, the Northeast Chapter hopes to be hosting some additional trainings and lunch and learns throughout 2016. We are in search of presenters and ideas for presentations. If you are interested in presenting, please contact the Northeast Chapter Director, Lisa Tyndall, PhD, LMFT, at tyndalll@ecu.edu.