



North Carolina Association for
Marriage and Family Therapy

North Carolina Family Therapist

North Carolina Association for Marriage and Family Therapy

NCAMFT Board of Directors

President

Jeff Krepps, PhD, LMFT

President Elect

Dan Marlowe, PhD, LMFT

Treasurer

Jamie Criswell, MS, LMFT

Secretary

Adam Mathews

Student Associate Rep.

Shari York - West

Meredith Nisbet- East

Trevor Ashe -Central

Director-At-Large

Theresa Palmer, MSW, LMFT

Chapter Directors

N. Brooke Batts, MS, LMFT

Tara Bohley, LMFT, MPA

Laura Bryan, PhD, LMFT

Jack Hileman, MA, LMFT

Lisa Tyndall, PhD

Pearl Wong, PhD, LMFT

Trip Woodard, MSW, LMFT

Joan Zimmerman, LMFT, LCAS

Committee Chairs

Michelle Cawn, MA, LMFT

Megan Facer, MS, LMFT

Faith Drew, PhD, LMFT

Jessica Mormon, MA, LMFT

Mary McKinney, MA, LMFT

Melissa Parlier, MA, LMFT

Emma Wallace, MS, LMFT

Executive Director

Cathy Womack

P O Box 98073

Raleigh, NC 27624

Toll free 877-862-2638

Local 919-518-1919

cathywomack@

customassociation.com



President's Report

2nd Annual Live-Streamed Videoconference Friday, September 12

By Jeff Krepps, PhD, LMFT

As summer is winding down, we are rapidly moving into Fall. Our 2nd

annual live-streamed videoconference is just around the corner. On Friday, September 12th, all NCAMFT members can view the conference workshops for free as a member benefit. If you are interested in purchasing CEUs please visit the NCAMFT website (www.ncamft.org). We have a fabulous line-up for this year's Fall conference. In the morning Dr. Cathy Hudgins, LMFT, the Director of the Center of Excellence for Integrated Care under the North Carolina Foundation for Advanced Health Programs, will offer a presentation entitled *Navigating Ethical Quandaries in Collaborative Care*. Her presentation is designed to help MFTs navigate the ethical challenges of interprofessional collaboration. This presentation will fulfill the three hours of continuing education in ethics required for licensure renewal. The afternoon workshop, entitled *I Want You to Want Me: Male & Female Sexual Desire Disorders*, features Laurie Watson, LMFT, AASECT, and will help MFTs address issues of passion, eroticism, and intimacy with couples to enhance the couple bond. Both workshops promise to be very interesting and informative. Please join us from the comfort of your own computer or tablet on September 12th beginning at 9am.

In addition to the Fall conference, the NCAMFT board has also added an online bookstore to the NCAMFT website. Currently you can find Fall conference presenter Laurie Watson's book *Wanting Sex Again: How to Rediscover Your Desire and Heal a Sexless Marriage* available for purchase through the bookstore (<http://ncamft.org/bookstore/>).

Continued on page 2

President's Report

Continued from page 1

The online bookstore is affiliated with amazon.com and NCAMFT earns a percentage of any items purchased through our website. As an additional member benefit, the NCAMFT board would like to

invite all NCAMFT members who have authored or edited a book related to the MFT field to please send the title of the book to jeffrey.krepps@pfeiffer.edu or cathywomack@customassociation.com so that we can list your book on the online bookstore (books not clearly related to the MFT field may not be listed). Please check the bookstore periodically for new items, and if there are titles you believe should be listed in the bookstore let us know.

Finally, as the year is coming to an end, the NCAMFT board is gearing up for the strategic planning meeting in November. If there are issues you feel need to be addressed by the board please let your chapter directors know, and they can bring the issues before the board. We look forward to a productive conclusion to 2014! Please remember to attend all or part of the online conference on September 12th. We look forward to a huge turnout!



VOTE ON BY-LAW CHANGE ADDED TO THIS YEAR'S NCAMFT ELECTION BALLOT

It's NCAMFT election time! A link to this year's ballot will be arriving in your email inbox (or you will receive a paper ballot via snail mail if this is your preferred mode of receiving communications from NCAMFT). Please take a few minutes out of your busy schedules to vote for the following NCAMFT board positions available January 1, 2015:

- *President-Elect*
 - *Secretary*
- *Director-at-Large*
 - *Northeast Chapter Director*
 - *Southwest Chapter Director*
 - *North Central Chapter Director*
- *Student-Associate Representative-Central Region*
- *Election Committee Members*

On the ballot is also a proposed by-law change that, if approved by the membership, would allow a Student/Associate Representative from each of the COMFTE approved MFT programs in the state. The by-law change would specifically allow for the election of a Student/Associate Representative from the Capital Region/Pfeiffer University Raleigh-Durham campus.

CONTINUING EDUCATION NEWS

Emma Wallace, LMFT

Continuing Education Committee Chair

Coming soon to a “theater” near you: A fall conference designed for convenience and education within the comfort of your own home. Several of our board members, as well as the presenters, have been hard at work to prepare for this event, and it sounds exciting so be sure you have registered. The date is September 12, 2014, 9:00-12:00 for the first session and 1:00-4:00 for the second. “See” you there!

We are so privileged to have Dr. Stefanie Carnes presenting at our spring conference next year in Concord, NC. The title of her presentation is “*Turning Off the Turn On: Relational Therapies for Sexual Addiction and Compulsivity.*” She will include information on internet use and pornography addiction as well.

Plans are underway for a presenter for 2016. The CE committee already is in touch with potential presenters that I promise will grab your attention and offer a worthwhile educational experience. More later.

Again, if you have suggestions regarding format, food, presenters, etc. please email me (emmabwallace@yahoo.com) to let me know your preferences. I will try and pay attention to what has meaning for you.

Hope you all have a great summer, and I look forward to our time together soon! Be well, stay healthy, and practice loving kindness.

2015 NCAMFT Spring Conference

Embassy Suites
Concord, NC

February 26, 2015

Pre-Conference Institutes

~~~

February 27 - 28, 2015

*Stephanie Carnes*

***Turning Off the Turn On:***

***Relational Therapies for Sexual Addiction & Compulsivity***

*Watch the NCAMFT website and your email for more information*

## Professional Practice Update

*By Megan Facer, MS, LMFT  
Professional Practice Committee Chair*

I've recently received some questions about school employment for MFTs. This is what I've learned from some of our members who work in or with the school system as well as other licensed professionals who work in the school system:

While each school system is different, typically MFTs are only eligible to work in the school system in a grant or other alternatively funded position, such as one in which an agency is contracted to provide therapy or one funded by the local managed care organization (e.g., care coordinator). In order to become a School Social Worker or Guidance Counselor, you typically would have to obtain a license through the Department of Public Instruction (DPI), not a human services licensure board. This license is separate from an LPC, LCSW, LMFT, etc. The School Counselor License and School Social Work License each require one of the degrees listed on the DPI website and each of those degrees has specific academic curriculum. Counseling and Social Work degrees are advanced in helping individuals work in the school system because they often offer courses that are required for these licenses. However, if you never took the courses, then you would have to take them. In the majority of counties, if you have a bachelor's degree in social work, you are eligible for a School Social Work License if you took the required courses in your bachelors program. But if you did not, then you would have to take them. The academic institution you take the courses through tells you how many courses you'll have to take and signs off on the courses to the DPI who then issues the license. You may have to obtain a brand new degree in order to obtain the license. As you can see, although the opportunity for lateral-entry exists, typically a degree in marriage and family therapy would not set this up to be an easy process compared to other behavioral healthcare degrees. Regional Alternative Licensing Centers have been suggested as a good resource to learn more about lateral entry. I would be interested to hear from members pursuing this to see what it has been like for them.

One other thing to keep in mind this season if you are a Medicaid provider is that the managed care organizations are monitoring Licensed Independent Practitioners (LIPs). From what I have heard so far, although no audit is fun, if you use the tool provided by the managed care organization to prepare, you should be fine and may even learn from the experience. Please let me know how your experience goes!

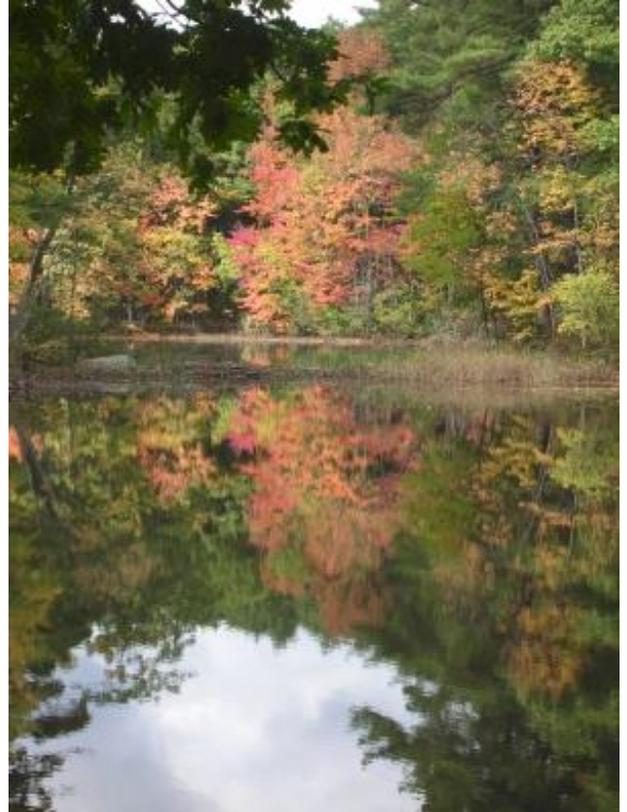


Image courtesy of EA at  
FreeDigitalPhotos.net

## Fall CEU Event

### September 12, 2014

### Video Conference

Join us from your computer for the NCAMFT's 2nd video conference.

#### Agenda:

**9:00 - 12:00 noon**

**Navigating Ethical Quandaries in Collaborative Care**

**Cathy M. Hudgins, Ph.D., LMFT, LPC**

**1:00 - 4:00 pm**

**I Want You to Want Me: Male & Female Sexual Desire Disorders**

**Laurie Watson, LMFT, AASECT**

#### How to participate in the video conference:

On September 12th, go to the NCAMFT website, <http://ncamft.org/conference/>. From there, if you only want to view the conference and not purchase any CE hours, click on one of the prices and enter the promo code MFT14 in the embedded payment screen where indicated. You will then be able to view the conference live. **If you want CE hours you will need to purchase them.** In the embedded payment screen you will need to pick between a half day (\$45- Members / \$50- Non-Members) or full day (\$75- Members / \$95- Non-Members) and enter your payment information into our secure payment system. Prices are:

- Member: 3 CE hours \$45 or 6 CE hours \$75
- Non-Member: 3 CE hours \$50 or 6 CE hours \$95

Since the conference will be streaming LIVE you will be able to ask questions to the presenters through NCAMFT's Twitter (<https://twitter.com/NCAMFT>) and Facebook (<https://www.facebook.com/ncamft>) accounts as well as through email ([info@ncamft.org](mailto:info@ncamft.org)). Once the conference has concluded, if you have purchased a CEU, the certificate will be sent to the email you provided during the payment process.

**Questions?** [cathywomack@customassociation.com](mailto:cathywomack@customassociation.com) or 919-518-1919

## Connect with NCAMFT through Social Media

Be in the know and join us in conversation.

We continue to grow our network on LinkedIn, Twitter, and Facebook. Don't miss out, join us today!

LinkedIn is a great professional forum to post discussion topics, share resources, and to submit and search job openings. Twitter and Facebook are great platforms for in-the-moment reports of mental health topics and events going on in our state. Depending on where you are located in North Carolina, there are monthly chapter meetings for you to learn about latest interventions and topic and network with other professionals. Learn about the next chapter meeting in your area by connecting with us through social media.



Like us on Facebook  
<http://www.facebook.com/ncamft>



Follow us on Twitter  
<http://www.twitter.com/@NCAMFT>



Join our group on LinkedIn  
<http://www.linkedin.com/groups/North-Carolina-Association-Marriage-Family-4701755>

## Capital Chapter Update

Laura Bryan, PhD, LMFT  
[laura.bryan@pfeiffer.edu](mailto:laura.bryan@pfeiffer.edu)  
 (919) 238-2437

What you might have missed: In April, Dr. Andrew Brimhall gave an overview of Filial Play Therapy in *The Power of Play: Building Stronger Attachments Using Filial Therapy*. In June, Tony Delmedico shared what it's like in *In the Shadows of Fatherhood: The Challenges for Men as Parents in Blended Families*. Both presentations were entertaining and helpful.

What's next: On September 19, the Capital Chapter will hear *Shattered Stories: Couples in Crisis - Reflecting on Clinical Approaches to Infidelity*." This presentation by Carole Cullen and Christian Charette promises to be informative and useful. RSVP today: Laura Bryan, [laura.bryan@pfeiffer.edu](mailto:laura.bryan@pfeiffer.edu).

Save the date for upcoming meetings:

November 21, 2014 - *Second Saturdays: A Resource for Clients Contemplating Divorce* presented by Robert Watral (lunch provided for those who RSVP)

January 9, 2015 - *What Therapists Should Know about Psychotropics* presented by Dr. Kerry Landry, psychiatrist

All meetings will be at the Pfeiffer University Raleigh/Durham Campus at 12pm. Participants earn one CEU. Hope to see you there!

## Northeast Chapter Update

Lisa Tyndall, PhD  
[tyndalll@ecu.edu](mailto:tyndalll@ecu.edu)  
 252-328-4206

The Northeast chapter will hold a meeting on September 15 from 12:30-1:30pm where Dr. Mary Lisa Pories will present on the effects of bariatric surgery on the couple relationship. The meeting will be held in the Redditt House: ECU Medical Family Therapy Research Academy on 10<sup>th</sup> Street. Anyone interested in attending, please call (252) 328-4206 to RSVP, or just come!

## Southeast Chapter Update

The Southeast Chapter of NCAMFT has been rescheduled and will meet on Friday, October 3, 2014 from 12:00 - 2:00 pm

*Mindfulness: Using Intentional Awareness Therapeutically*  
 Emma Wallace, MS, LMFT

Wilmington Baptist Association  
 610 S College Rd.  
 Wilmington, NC 28403

Bring Your Own Lunch ~ CEUs Available  
 RSVP to Brooke Batts  
 Southeast Chapter Director  
[nbw0919@gmail.com](mailto:nbw0919@gmail.com)

**Well established practice looking for a therapist to join us.** We focus on marriage and family therapy, women's and men's issues, sex therapy, divorce counseling, yoga and the healing arts. Convenient office located in Raleigh just off of Duraleigh Road and Glenwood Avenue. Ground level with handicap access. Fee includes all utilities, internet available. \$390.00 per month. Space is 147 sq ft. 24/7 access, security system. Please contact Rebecca Dnistran at 919 789-4673